



Chinmaya Mission UK presents

# *The Art of Contemplation*

based on the Kaivalya Upanishad

5 morning talks in English by Swami Swaroopananda



Chinmaya Kirti, 2 Egerton Gardens, Hendon, London NW4 4BA 14-18 September 2009 7am - 8am Info: 020 8203 6288 [discourses@chinmayauk.org](mailto:discourses@chinmayauk.org) Admission is free and open to all [www.chinmayauk.org](http://www.chinmayauk.org)



Chinmaya Mission UK presents

# *Knowledge and Wisdom*

Chapter 7 of the Bhagavad Geeta

7 evening talks in English by Swami Swaroopananda



Advait Centre, Forty Ave, Wembley, Middx HA9 9PF 12-18 September 2009 7:30 - 9pm Info: 020 8203 6288 [discourses@chinmayauk.org](mailto:discourses@chinmayauk.org) Admission is free and open to all [www.chinmayauk.org](http://www.chinmayauk.org)

